

Pupil Dilation Consent/Refusal

Dilation involves instilling eye drops for the purpose of enlarging the pupils of the eyes. This allows a better examination of the eyes' internal structures. Thorough examination of these structures is necessary to rule out various eye diseases or pathology.

The pupils are simply an entryway or opening to the inside of the eyes. Looking through an *undilated* pupil is similar to looking into a room through a keyhole in the door; the doctor may see only about 20% to 50% of what is inside. However, looking through a *dilated* pupil is like looking into a room through an open door; the doctor gets a complete view of the inside of the eyes.

A dilated retinal examination is recommended routinely at the time of your comprehensive eye examination, or at other intervals as advised by your eye doctor.

Dilation of the pupil causes temporary sensitivity to light and blurring of near vision in most individuals. Blurring of the distance vision may occur as well in individuals with uncorrected farsightedness. You should not operate heavy equipment or drive an automobile unless you are comfortable with your vision. Dark glasses will be provided after your examination to aid with the light sensitivity.

CONSENT: I consent to have my pupils dilated at this time, if in accordance with the recommendations of my doctor. I UNDERSTAND THAT THIS SERVICE IS INCLUDED IN THE PRICE OF THE EXAMINATION, AND NO EXTRA CHARGE WILL BE ASSESSED.

Patient's signature _____ Date _____

REFUSAL: I refuse to have my pupils dilated at this time. I UNDERSTAND THAT MY OCULAR HEALTH CANNOT BE THOROUGHLY EVALUATED WITHOUT PUPIL DILATION.

Patient's signature _____ Date _____